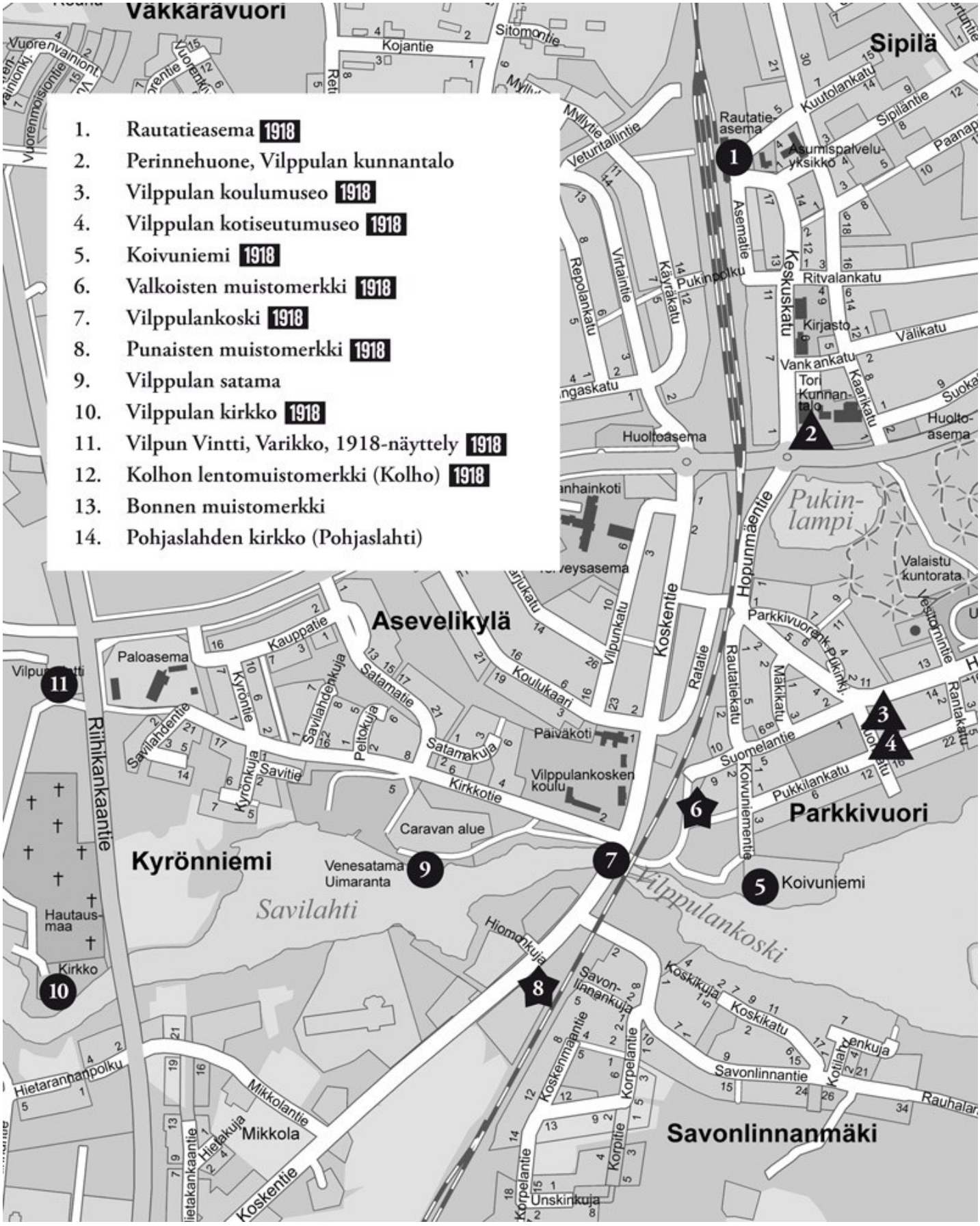Vilppulan historiareitti